

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tanja Saestad

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:15:35

PACE 09:25/km

OVERALL 42 of 166

GENDER 11 of 88

OPEN 8 of 51

23 June 2019, Sun

Date



